

68 *POPULAR CULTURE IN
KARNATAKA*

ever *may* come, all this which is done is
ignorance of
God by worldly-minded men; this is
stomach-saint-
liness. If men have not the will to clean
the mind of
evil, but get up at early dawn and bathe
and tremble,
what good is it? The old frog; which stays
in water
both morning and evening, what less
does it do?
What good comes of bathing in water a
hundred times
a day without the thought of God? If men
under-
stand, Truth is bathing and fasting and
meditation and
discipline combined; ceremony performed by
the un-
truthful is waste. Men wash the dirt on
the body but
can they wash the mind by bathing in
sacred water?
What good does it do?

Knowledge as a load of information,
and know-
ledge which does not improve life are
worthless.

What is one's knowledge if one does not
know him-
self? What use is the repetition of a
formula if the
mind is not pure?

Man's worst enemies are within. *fe* I
fear not fire
nor prison nor do I fear for my body. I
fear not
snake or scorpion nor the edge of the
sword; one
thing only I fear, one I dread within; other's
money,
other's woman—these two I fear; I
remember Kaurava
and Ravana and what happened to them
and pray
Save me from Evil, Purandara Vittala."

To men claiming godliness but not
worthy of
reverence he was harsh; they said they
knew every-
thing ; but had not given up evil ; they

were apparently telling stories of saints; but in fact talked improprieties ; they wore sack cloth but had not given up desire ; they observed vows and discipline but had not given up darkness ; they said they were wise but